

STRAUSS ACADAMIA

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STRAUSS**

Written by:

Owner of Strauss
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AUTISM EDGE SERIES

I am very excited to share this series with you. Autism Edge was born through the journey I have embarked gathering insight and knowledge along the way. I would love to share what I have learnt in the last 6 years with you.

This series and information is solely intended as a sharing of knowledge and information based upon my experiences. I recommend that you keep the one-on-one relationship with your qualified Healthcare professional for any other medical advice that you need.

I intend for this series to provide information, give resources and aid as a "how to guide". Empowering parents to hit the ground running right away.

All the information will be broken up in parts and pieces over a period of time so that you know exactly where to start and what to do. Tune in and stay connected.

This is the best series for tangible information for any person or child on the autism spectrum, including Asperger syndrome, low and high functioning autism, ADHD and ADD.

When we refer to the nutrition of your child, it will evolve and change over time according to the child's needs, but you must always consult your doctor or dietitian prior starting a new diet.

Diagnosis of autism aid us to group challenges that include and can overlap with hyperactivity, lack of attentiveness as well aggression, irritability and other demanding behaviors. It is important to understand that all of these behaviors can be linked to nutrition and affect their daily behaviors. Incorporating dietary changes can aid and support challenging behavior, mental and emotional health, as well as learning disorders. Due to the elimination of toxins and the introduction of a healthy diet.

In the next article we will look at how Genetics and Environmental factors influences the autistic child.

"Autism can't define me. I define autism."

Kerry Magro:



**STRAUSS ACADAMIA-UNCOVER
AUTISM: PHASE 1- DIET.
FOR MORE INFORMATION ON THIS
SERIES, PLEASE CONTACT US AT
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**JOIN THE JOURNEY AND TAKE PART
IN LIFE CHANGING EXPERIENCE.**

**#YESYOU CAN #MAKEITHAPPEN
#AUTISM
#MORETHANALABEL**

EXTRA SUPPORT

**YOU CAN ALSO
SUBSCRIBE TO
RECEIVE THE FULL
DIET PLAN,
SUPPLEMENTATION,
VIRTUAL CONSULTING
MEETINGS AND MUCH
MORE.**

